

## FAMILY SURVEY COMMENTS...

"I will always be thankful for the people who made me feel there was help for my family."



"It is a comfort to know someone will answer my call when needed."

"I was grateful for all the Team did for us. They made me feel like there was hope for my family."

## CRISIS PHONE NUMBERS BY COUNTY...



### ALBANY COUNTY

#### MENTAL HEALTH CLINIC

(518) 447-4550

OR

#### MOBILE CRISIS TEAM

(518) 447-9650



### RENSSELAER COUNTY

#### UNIFIED SERVICES

(518) 270-2800

OR

#### SAMARITAN HOSPITAL

(518) 271-3540



### SCHENECTADY COUNTY

#### CHILD GUIDANCE CENTER

(518) 381-8911

OR

#### ELLIS HOSPITAL

(518) 243-3300



## CHILD & ADOLESCENT MOBILE CRISIS TEAM



PROVIDING FAMILY FOCUSED CRISIS  
SERVICES SINCE 2007...

**PARSONS**  
CHILD & FAMILY  
CENTER  
60 ACADEMY ROAD  
ALBANY, NEW YORK 12208

# Parsons Child & Adolescent Mobile Crisis Team...

## WHAT IS THE CHILD & ADOLESCENT MOBILE CRISIS TEAM?

The Child & Adolescent Mobile Crisis Team (CAMT) is a mobile crisis intervention service responding to children, adolescents and their families experiencing an emotional or behavioral crisis.

### THE CLINICAL STAFF ARE SKILLED IN...

- Providing consultation and information
- Clinical assessment
- Linkage to on-going resources in the community
- Follow-up case management

### THE TEAM RESPONDS TO CRISIS IN...

- ALBANY COUNTY
- RENSSELAER COUNTY
- SCHENECTADY COUNTY

### AND SERVES ANY CHILD OR ADOLESCENT...

- Under the age of 18, or up to 20 if still in day school and living at home
- Regardless of insurance, diagnosis or system involvement

## HOW TO ACCESS

- Parent/Guardian contacts their local crisis center (see phone numbers listed on the back of brochure)

### WHAT TO EXPECT WHEN YOU CALL...

- The local crisis center will contact CAMT directly, and CAMT will contact the family
- A telephone assessment will be made and the clinician will discuss the possible interventions
- Possible interventions include:
  - ▶ Telephone support
  - ▶ Face-to-face intervention to further assess risk and de-escalation of the situation
  - ▶ Connection to more appropriate community resources

"I was genuinely impressed with the rapid response of the Mobile Crisis Team, and found them extremely helpful."

- Family Survey Comment

## CAMT'S GOAL

To provide strength-based and family-focused crisis services, where the child or adolescent is located, which preserves the family system and works to prevent unnecessary hospitalization.

"The Team could not have been more supportive and effective. Their follow up was exceptional."

-Family Survey Comment

## CAMT'S APPROACH

In the least intrusive manner, CAMT:

- Maximizes the strengths of the child and family system
- Collaborates with community agencies
- Ensures the family remains intact
- Strives to prevent higher, more restrictive levels of care