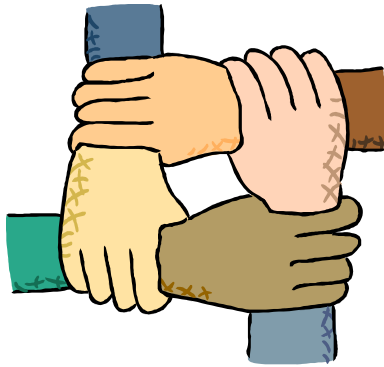


Local Area Resource Guide



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Crisis Services



For Emergencies

Dial 911

Crisis Chat

Online emotional support- confidential IM service for you.

<http://www.crisischat.org/>

National Suicide Prevention Lifeline

A free, 24-hour hotline available to anyone in suicidal crisis or emotional distress. Your call will be routed to the nearest crisis center to you.

1-800-273-TALK /8255

Emergency Rooms



Samaritan Hospital

(518) 271-3540

2212 Burdett Ave., Troy, NY

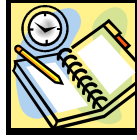
Crisis Line at (518) 274-4345, available 24 hours/day

Glens Falls Hospital (Washington County Residents)

(518) 926-3265

100 Park St., Glens Falls, NY

Counseling Services



Rensselaer County Department of Mental Health

Comprehensive assessment, diagnostic evaluation, individualized treatment planning, medication monitoring, and individual, family, and group therapy.

Hoosick Falls Location

(518) 686-0694

69 Church St., Hoosick Falls, NY

http://www.rensco.com/mental_children_services.asp

Troy Location

(518) 270-2800

1600 7th Ave., Troy, NY

Behavioral Health Services Cambridge Clinic- A program of Glens Falls Hospital (Washington County Residents)

Psychiatric evaluation & treatment for adults and children.

(518) 677-3441

35 Gilbert St., Cambridge, NY

http://www.glensfallshospital.org/Behavioral_cambridge_clinic.htm

The Commission on Economic Opportunity (CEO)

Short-term counseling services and referral, if needed.

(518) 272-6012 ext. 286 or 228

75 River Rd., Hoosick Falls, NY (CEO Head Start Building)

The Community Hospice of Rensselaer County

Individual, family, and group bereavement counseling for children, teens, and adults.

(518) 285-8100

295 Valley View Blvd., Troy, NY

<http://www.communityhospice.org/>

Sexual Assault and Crime Victims Assistance Program for Rensselaer County (Samaritan Hospital)

Comprehensive, specialized services to victims of sexual violence, victims of stalking, older adults, homicide survivors, as well as other victims of crime, their family members and friends, or significant others. *Some services are provided in Hoosick Falls*

(518) 271-3410

(518) 271-3257 Crisis Line, available 24 hours/day

2215 Burdett Ave. Troy, NY

http://www.nehealth.com/Medical_Care/SAM/Sexual_Assault_Center/

START Children's Center of Rensselaer County

Child advocacy center that assists child victims of sexual and physical abuse and their non-offending family members.

(518) 271-6001

2136 Burdett Ave., Troy, NY

<http://www.startchildrenscenter.com>

Dental Care



Hudson Valley Dental Care

(518) 477-2682

658 Columbia Tpke., East Greenbush, NY 12061

St. Peters Healthcare Services- Dental Department

(518) 463-9809

53 Columbia St., Rensselaer, NY 12144

The Dental Hygiene Clinic

At Hudson Valley, we are committed to providing you with the best patient-centered treatment possible, while providing our students with an excellent learning experience. Our students have been educated and evaluated to laboratory competency prior to treating patients in clinic. Students are closely supervised and evaluated as patient assessment and treatment progresses. Instructors are dentists or licensed dental hygienists with advanced degrees. A dentist is always present during clinic sessions.

(518) 629-7400

Hudson Valley Community College

80 Vandenberg Ave., Troy, NY 12180

<https://www.hvcc.edu/hsc/dhy/clinic.html>

Whitney M. Young Jr. Health Center, Inc.

(518) 833-6900

6-102nd St., Troy NY

Zembroski, Laura A DDS

Bobinski, Paul S DDS

(518) 686-5132

91 Classic Street, Hoosick Falls, NY

Food Assistance



Hoosick Area Food Pantry & Church Association

Local churches have donated food for families that live in the surrounding area of Hoosick Falls.

(518) 686-5310

26 John Street, Hoosick Falls, NY 12090

Hoosick Falls School District Free and Reduced Lunch Program

There is not a free milk program at Hoosick Falls Central School. If your student receives free or reduced lunch he/she has to pay the full price for extra milk and snack milk.

A new free/reduced application must be filled out each school year. If an application is not on file by October 16th, the student will automatically go to full pay. A free & reduced application may be submitted anytime during the year. If your financial situation changes, please submit a new application to the school. For an application, please contact the main office or Heather Brooks (ext. 1708).

Supplemental Nutrition Assistance Program (SNAP)

SNAP is the new name for the Food Stamp Program. You can now apply for SNAP online, by mail, fax, or in person at your local Department of Social Services or SNAP office.

You may apply for SNAP using the internet if you live in New York State by going to myBenefits.ny.gov. After your application is filed, the local Department of Social Services or SNAP office will review your information, conduct an interview, and determine your household's eligibility for SNAP.

You may also apply by filing an application by mail, fax, or in person at your local Department of Social Services or SNAP office.

(518) 833-6000

127 Bloomingrove Drive, Troy, New York 12180

<http://otda.ny.gov/programs/apply/>

Health Insurance



Rensselaer County DSS

Applications for Medicaid, Family Health Plus, Child Health Plus.

(518) 270-3928

1801 6th Ave., Troy, NY

http://www.rensco.com/departments_socialservices.asp

Healthy Capital District Initiative

Applications for Child Health Plus, Family Health Plus, and Medicaid.

(518) 462-7040

75 River Rd., Hoosick Falls, NY (CEO Head Start Building)

The Commission on Economic Opportunity (CEO)

Applications for WIC.

(518) 272-6159

75 River Rd., Hoosick Falls, NY

<http://www.ceo-cap.org/>

Child Health Plus- Children under the age of 19 who live in New York State and who meet certain income guidelines. Child Health Plus applications are also available online and a personal interview is not required to apply. Applications available at: <http://www.nyhealth.gov/nysdoh/chplus/> (1-800-698-4543)

Family Health Plus- Available to single adults, couples without children, and parents with limited income, aged 19 to 64, are residents of New York State and United States citizens or fall under one of many immigration categories. http://www.health.state.ny.us/nysdoh/fhplus/who_can_join.htm

Medicaid- A program for New Yorkers who can't afford to pay for medical care. You may be covered by Medicaid if: you have high medical bills, you receive Supplemental Security Income (SSI), or if you meet certain income, resource, age, or disability requirements. http://www.health.state.ny.us/health_care/medicaid/#definition

Complete Pregnancy Care- The Prenatal Care Assistance Program (PCAP) offers complete pregnancy care and other health care services to women and teens who live in New York State and who meet certain income guidelines. The Medicaid Obstetrical and Maternal Services (MOMS) program provides complete pregnancy services in areas of the state where PCAP health centers are not located. <http://www.health.state.ny.us/nysdoh/pcap/index.htm> (1-800-522-5006)

Women, Infants and Children (WIC)- Supplemental food program that provides nutritious foods, milk, juice, formula and other items to low income pregnant or breastfeeding women, infants and children up to age 5. <http://www.health.state.ny.us/prevention/nutrition/wic/> (1-800-522-5006)

Housing and Other Basic Needs



Hoosick Housing Authority

Offers Section 8 and affordable housing to income qualified families and seniors. One, two and three bedroom apartments are available for applicants.

(518) 686-7316

1 Hoosac Meadows Way, Hoosick Falls, NY 12090

Home Energy Assistance Program (HEAP)

The HEAP Program usually opens in November of each year and continues through the heating season.

(518)-270-2738

http://www.rensco.com/aging_energy_assistance.asp

Homeless and Travelers Aid Society

Provides 24-hour referral and short term counseling servicing homeless persons, persons at risk of becoming homeless, and stranded travelers in the Capital District. Provides shelter referrals; short term counseling and case management toward stabilizing housing, financing; limited assistance with job search; list of temporary employment possibilities; assistance with local and long distance transportation for eligible persons.

(518) 463-2124

138 Central Avenue, Albany, NY 12206

www.hatas.org

Housing Solutions

The Housing Solutions program provides:

Financial help to those who are facing eviction or utility shut off

Case management and counseling to evaluate the household's stability and offer support

Referrals to both CEO services and other local programs

Support and guidance in discussions with your landlord and/or utility companies

Access to legal services related to landlord/tenant disagreements

Access to career development services to help you secure or maintain a steady job

Access to financial literacy education to help you manage your finances and improve your situation

(518) 272-6012 Ext. 239

<http://www.ceo-cap.org/services/community/housing-solution/>

Section 8 Housing Choice Voucher Program

The New York State Homes and Community Renewal (HCR) Section 8 Housing Choice Voucher (HCV)

Program provides rental assistance and home ownership option to extremely low, very low and low income households in New York State. The program also provides assistance to senior citizens and disabled persons on fixed incomes, displaced families, and homeless individuals with disabilities.

<http://www.nyshcr.org/Programs/Section8HCV/>

Temporary Assistance

To find out if you are eligible to receive Temporary Assistance, including help with an emergency, you need to file an application with your county Department of Social. You should identify any emergency needs you may have at this time. If you have an emergency, you will be interviewed and told in writing about the decision on your emergency the same day you apply. For Temporary Assistance, your interview should be within seven working days of your filing an application. You should be told within 30 days of the date you filed your application if your application for Family Assistance is approved or denied; be told within 45 days of the date you filed your application for Safety Net Assistance if your application is approved or denied. You DO NOT have to be eligible for ongoing Temporary Assistance to receive Emergency Assistance.

New York State Temporary Assistance Hotline at 1-800-342-3009

(518) 833-6000

<http://otda.ny.gov/programs/apply/#ta>

The Commission on Economic Opportunity (CEO)

Counseling, Teenage Opportunity Program (TOP), food assistance, homeless intervention program, WIC, tax preparation service. *Some services are provided in Hoosick Falls.*

(518) 272-6012, Ext. 302

<http://www.ceo-cap.org/>

United Way 2-1-1

Offers information on: food, housing, child care, employment, health care, senior care, substance abuse, mental health, financial problems, crisis counseling, legal issues, volunteer opportunities or other matters. Dial 211

<http://211neny.org/>

Unity House Street Ministry

Services provided: emergency food pantry, personal care items, housing information, referral to shelter, diapers, household budgeting, counseling, welfare/resource advocacy.

(518) 274-2607

309 8th Street, Troy, NY 12180

www.unityhouseny.org

Legal Assistance



County Bar Association Referral Service (Rensselaer County)

(518) 272-7220

297 River Street, Troy, New York 12180

Legal Aid Society North Eastern NY

(518) 462-6765

55 Columbia Street, Albany, NY 12207

Parenting Education and Support



Alight Care Center

Education classes- Childbirth Class, Infant Care Program, Parenting Program, Cooperative Parenting & Divorce Program, and Anger Management Program.

(518) 270-5540

500 Federal Street, Suite 200, Troy, NY

<http://www.alight.org/page/services>

Center for Divorce Education

Children in the *Middle Online* is an effective, affordable, easy to use, interactive, self-guided program. Families across the nation have benefited the simple lessons it contains. Divorce is by its very nature a traumatic time. Your children are at the center of these conflicts through no fault of their own. Much of what will happen during a divorce is beyond your control, but you can control how you interact with your children. Get the tools to ensure that you have done your very best for your kids.

<http://www.divorce-education.com/>

Common Sense Parenting

"Common Sense Parenting" for parents of children ages 2-6. Topics discussed are: normal development, supporting positive behavior, setting limits, consequences. Please contact Kory Weaver for class schedule and additional information.

(518) 270-2832

Seventh Ave., Troy NY

Kids First After Divorce

Five hour educational program for separated parents that teaches parents how to prevent unnecessary distress in children during the divorce process and afterward.

(518) 443 - 2223

756 Madison Ave., Albany, NY

<http://www.kidsfirstafterdivorce.com/?pagename=KidsFirstAfterDivorceProgram.htm>

Parenting After Separation or Divorce~ Helping Children Adjust

A program designed to educate divorcing or separating parents about the impact of their breakup on their children. The primary goal of the program is to teach parents ways they can reduce the stress of family changes and protect their children from the negative effects of ongoing parental conflict. It is a project of the Supreme and Family Courts of New York State's Judicial Districts.

Cornell Cooperative Extension

(518) 272-4210 / (Fax) 518-272-1648

www.cce.cornell.edu/rensselaer

Parenting Skill Groups

Parenting skill group to understand children's behavior, build confidence for the child and parent, improve communication, learn positive discipline and address specific challenges. Please contact Jewish Family Services for group schedule and additional information.

(518) 482-8856

877 Madison Ave., Albany, NY

Young Adult Care Giver Support Group

Education/support group for parents and caregivers residing in Rensselaer County who have a young adult (age 16-24) who has a mental health issue. Meets every 2nd and 4th Wednesday of the month.

For more information please contact Debbie 270-2841 or Kirstein 270-2829.

Italian Community Center

1450 5th Ave.

Troy, NY 12180

Wits End Family Support Group

"Wits End" family support group, facilitated by parents and for parents, give parents an outlet; and teaches coping skills and self-advocacy. "Wits End" is a safe place where parents can share information, exchange ideas, and provide peer-to-peer understanding. Vanderheyden Parent Advocates are always available to help parents deal with issues they may be struggling with.

(518) 283-6500 ext. 739

Rt. 355, Wynantskill, NY

http://www.vanderheydenhall.org/service_descriptions.php

Physicians



General Practice

Hoosick Falls Family Health Center
(518) 686-7442
16 Danforth Street, Hoosick Falls, NY

Village Primary Care
(518) 686-4337
140 Main Street, Hoosick Falls, NY

Dr. Martinez
(518) 686-5300
Parsons Ave. Hoosick Falls, NY

Pediatric Developmental Behavioral Health

Bello, Scott C.
Bourke, Diane A
Greenblatt, Daniel
Malone, Anthony F.
Samuels, Barbara Nan
(518) 782-7733
7 Johnson Road, Latham, NY 12110
<http://www.dpeds.com/54701.html>

Griffieth, Gary G.
(518) 371-8000
942 Route 146, Clifton Park, NY 12065

Lucas, Judith A.
(518) 262-5588
1 Clara Barton Drive, Albany, NY 12208

Center for Disability Services -Behavioral Health Department
(518) 437-5716
314 South Manning Boulevard, Albany, NY 12208

Substance Abuse Services



Conifer Park

The Troy Outpatient clinic offers many options to clients suffering from substance abuse, with treatment sessions meeting at multiple times throughout the day to accommodate busy client schedules.

(518) 274-5143

1801 6th Avenue, Troy, NY 12180

<http://www.coniferpark.com/troy.html>

Hudson Mohawk Recovery Center

Evaluations and treatment for individuals & family members seeking services for a substance abuse problem.

(518) 272-3918

1724 Fifth Avenue, Troy, New York 12180

<http://pahlinc.org/main/op.htm>

Seton Addiction Services

Seton Health's Addiction Services Unit at St. Mary's Hospital offers comprehensive biochemical detoxification and a structured, drug-free rehabilitation program. Detoxification services provide medical stabilization for patients suffering from physical symptoms of withdrawal from alcohol and other addictive substances, such as heroin, cocaine, amphetamines, and inhalants. Rehabilitation services offer a structured setting to help patients achieve and maintain a substance-free lifestyle. Education in problem solving, stress management and relapse management is provided.

(518) 268-6488

1300 Massachusetts Avenue, Troy, NY 12180

http://www.setonhealth.org/services/service_detail.cfm?ID=1